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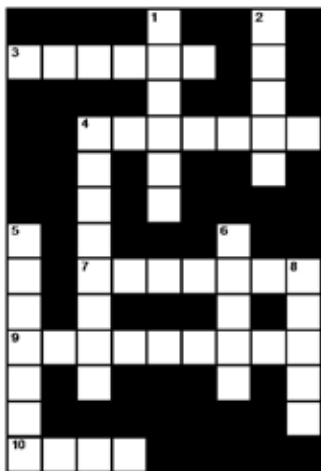
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Kids Page

Twelve Days of Christmas Crossword

When you've solved the crossword you'll find one day is missing. What did the true-love send on the missing day?



Across

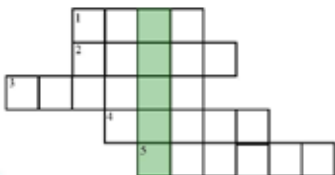
- 3 Ten _____ piping (6)
- 4 Eleven ladies _____ (7)
- 7 Eight maids a-_____ (7)
- 9 A _____ in a pear tree (9)
- 10 Five _____ rings (4)

Down

- 1 Three _____ hens (6)
- 2 Seven _____ a-swimming (5)
- 4 Nine _____ drumming (8)
- 5 Twelve lords a-_____ (7)
- 6 Four calling _____ (5)
- 8 Six _____ a-laying (5)

Christmas Word Grid

Solve the Christmas Clues to fill the grid. The shaded row spells the name of something found on top of the Christmas tree.



- 1. The three wise followed a _____
- 2. _____ Claus
- 3. Reindeer pull Santa's _____
- 4. Jingle _____
- 5. Fairy _____



Q: What do you get if you cross Santa with a duck?
A: Christmas quackers.

Q: What do elves learn at school?
A: The elf-abet

Day two is missing.
Two turtle doves



- Word Grid Answers
- 1. Star
 - 2. Santa
 - 3. Sleigh
 - 4. Bells
 - 5. Lights
- Hidden Word
- ANGEL



Delivered FREE in Binfield, Warfield, Winkfield and Ascot. Also available at several pickup points including local libraries, garden centres and retail outlets.

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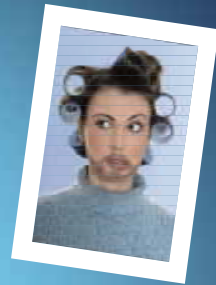
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Your Perfect Christmas

Put aside others' expectations and celebrate your way

The perfect family Christmas – we've all seen it on the telly. Adoring parents watch beautiful children open immaculately wrapped gifts, their faces full of joy and wonder. So

why is it that so many festive seasons consist of weeks of frantic present-buying, culminating in arguments, tantrums and burnt sprouts?

I think that a lot of the stress of Christmas comes from our unreasonable expectations of the day. We can feel pressurised to celebrate in a way that is never going to work.

Difficult as it may be, the most important thing is to think about what you really want from Christmas and to stick to it. Maybe you'd like to spend the day just with your partner, or to eat curry instead of turkey for once?

If this ruffles people's feathers, try a compromise – you could agree to do things one way this year and another the next. To avoid simmering tensions, say no to things you are really against, but offer an alternative. For example, you could suggest meeting up with friends or family during the quiet days between Christmas and the New Year.

If you are the one who hosts the family Christmas lunch, ease the pressure by asking people to bring specific contributions, and allocate jobs beforehand. It may seem bossy, but



things will go much more smoothly if everyone knows what they are doing.

On the day, designate one room as a chill-out place, where people can go to escape if they need to. And try to take a break

from the sofa for a breath of fresh air. It's easy to stagnate over Christmas and a dose of the great outdoors is good for everyone.

Worrying about money is one of major causes of stress at Christmas and can spoil your enjoyment of the day. This year, why not challenge yourself to choose smaller gifts that are really special? You can look in local independent shops for unusual items, or try Christmas craft fairs and charity shops.

Last year I decided to have a real budget Christmas and made food gifts for my friends and family. Ask a foodie friend, or search online if you're stuck for recipes. (Nigella's Chilli Jam is a good one.) Another idea is to give your time to help someone. Or you can buy pretty boxes, or bags, and make your own bespoke gift sets or kits.

Christmas is said to be all about children, but I think for it to really work, the adults also need to have fun. So arrange some treats for yourself and make this Christmas really special – for you too!

By Alex Brown

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		1		4			
7			2		5	9	
				3	9	5	
			5	2	7		
	6	3	9				
	7	8		6			4
			3		7		
	3			2		6	

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(solution on page 26)



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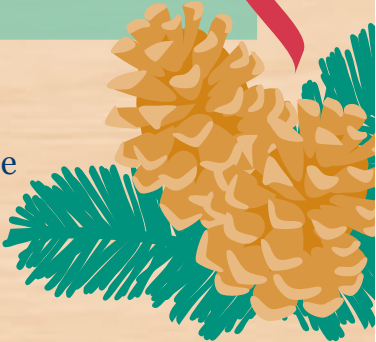
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Events

Saturday 8 December, 8.30am – 9.30am

Up with the birds at Lily Hill Park

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Saturday 8 December, 1.45pm - 4pm

Pope's Manor – Festive Forage and Christmas Wreath Making

Adult craft: Collect your own festive foliage from the grounds of Popes Manor – open just once a year and then create a Christmas wreath to take home. **Cost:** £20 per person **Meet:** Pope's Manor car park, Murrell Hill Lane, Binfield, RG42 4DA. **Booking required.**

Sunday 16 December, 10.00am – 1.00pm

The Magic of Heathland at Wildmoor Heath

Conservation: Get hands-on at the heath! Try your hand at harvesting birch trees to help conserve this precious site. Enjoy a bonfire and possibly take home your very own Christmas tree. Tools & refreshments provided. Please bring work gloves. Suitable for all. **Meet:** Wildmoor Heath car park, Crowthorne Road, GU47 8PD. **Booking required.**

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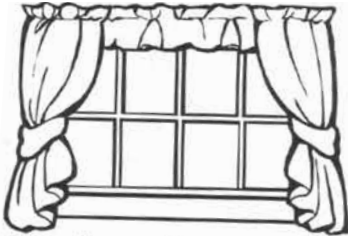
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