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Kids' Page

Brian the Baker has been busy. Can you fill the crossword with everything he's made?



ACROSS

DOWN



The Cupcake Conundrum

Bella baked some cupcakes. She gave half of them to her best friend Bria. Then she dropped half of the remaining cupcakes on the floor and only had six left. How many cupcakes did Bella bake in the first place?



Why did the Student eat HIS HOMEWORK?
The teacher told HIM it WAS a piece of cake.



Baking Crossword Solution

The Cupcake Conundrum Answer
Bella baked 24 cupcakes. She gave half (12) to Bria and was left with 12 cupcakes. when she dropped half of these that left

WORD

MAGAZINE

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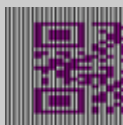
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Welcome to the August update from Warfield Parish Council



Summer of Fun

The Warfield Summer of Fun day took place on Wednesday 27th July but if you're looking for more fun days out for the children there are six further local events taking place across the borough organised by the town and parish councils.

Wednesday 3rd August – Great Hollands Recreation Ground

Friday 5th August – Sandhurst Memorial Ground

Wednesday 10th August – Locks Ride, Winkfield

Tuesday 16th August – Morgan Rec, Crowthorne

Wednesday 24th August – Braybrooke Recreation Ground

Wednesday 31st August – Farley Wood, Binfield

Arts Week

It is almost time for the annual Binfield, Warfield & Winkfield Arts Week for 2022 and events will take place across the northern parishes of Bracknell between the 23rd – 30th October. The ever-popular Art & Craft Exhibition will be held at Brownlow Hall on the 28th – 30th October from 11:00 – 4:00 p.m. Please visit the following web link for further information regarding the event <http://arts-week.org/>



Blooming Biodiversity

Over 35 new bee-utiful signs have been installed around the borough to promote areas of wildflower growth and biodiversity.

These signs will be present at many roadside verges around the borough where the Bracknell Forest Council's Environmental Services team has purposefully let wildflowers and vegetation grow to encourage insects and plants to thrive. These areas of longer grass may sometimes look unkempt, but they are an important habitat for wildlife, including:

- wildflowers such as the Common Spotted Orchid, Ragged-Robin and Devil's-Bit Scabious
- insects such as the Gatekeeper butterfly, bees, grasshoppers, crickets and dragonflies
- small mammals such as field voles
- birds such as skylarks, robins and blackbirds

Please visit the Bracknell Forest website to read more on their Biodiversity Action Plan.

Contact the Parish Council

If you need to contact us out of opening hours, please call us on **01344 457777** and leave a message or e-mail info@warfieldparishcouncil.gov.uk. You can also use these contact details if you wish to reach your local councillor.

Living life in style at Bickerton House



When you join us at Bickerton House, Care UK's care home in Bracknell, every day is exciting and rewarding. That's because we believe that moving into a care home should be about having fun, enjoying hobbies, making new friends and trying new experiences.

Enjoy each day your way

When your loved one joins us, we'll learn all about their personality and preferences – even if they have a wish they'd like to fulfil. We'll then create a care and lifestyle plan focused on enabling your loved one to live each day in the way they want, and always with independence and choice.

Our Lifestyle team is passionate about enhancing your loved one's quality of life. They organise an array of activities, entertainment, events and outings, as well as vital one-to-one time. Regular activities include reminiscence, baking, arts and crafts, gardening and pet therapy.

If your loved one is socially minded, we host coffee mornings, afternoon teas, cheese and wine tastings plus regular themed evenings. Then there are our strong links with local schools, nurseries, charities and places of worship, helping your loved one to feel connected to local life.

Everything under one roof

While outings are a regular feature in our lifestyle programme, if your loved one likes to stay closer to home, Bickerton House has everything they need under one roof. Our home has a coffee shop, hair and beauty salon, cinema, pub, and beautiful landscaped gardens. Keen gardeners are always welcome to lend a hand!

And, when it comes to wishes, we'll do our best to make them happen. Residents have visited the theatre, gone skydiving, horseriding, and even met their entertainment heroes.

Recently, residents of Bickerton House have enjoyed a day trip to Southsea. They tried their luck in the arcade and visited the castle, and finished things off with fish and chips and ice-cream! Back at the home, residents have been keeping fit with balloon tennis, indoor golf, and armchair exercises.

Be sure to 'like' us on Facebook to keep up-to-date with what's happening at our home.

Ready to live life in style at Bickerton House?

To find out more about Bickerton House, Care UK's home in Bracknell, please call 01344 981528 or email jo.anderson@careuk.com

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Warfield Environment Group

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BAT WALK



Saturday 10 September
7.50pm – 9.00pm

Meet at Westmorland Park car park (RG42 3QP)
Free but booking essential (from 1 August at 9am):



Join us to see and hear some of our native bats and learn more about these fascinating creatures. We will use bat detectors to hear Pipistrelles on the edge of Hayley Green Wood and, if lucky, Daubentons around Westmorland pond. Accompanied children welcome, but event not suitable for dogs. Please wear warm clothes and suitable footwear, and bring a torch. Tickets available from 1 August at 9am here:

<https://WEGBatWalk22.eventbrite.co.uk>



www.warfieldenvgroup.wordpress.com

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Next event: 20th Anniversary Tree Planting (tbc)

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These days most homeowners suffer from a lack of storage space. So many precious items that need to be kept - but where to store it all? That's where Home Counties Loft Ladders come in.

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'Our watchwords are Quality, Integrity and Value. Quality in the materials that we use for all our installations and the fact that all our loft packages are fitted by time served tradesmen, so our customers are assured of the best job.

Integrity in that we will turn up at the time we say and make sure the house is spotless when we leave, and value in that we offer our services at a price people can afford.

Our business relies on referrals and we get a huge amount of our calls from people who have been referred to us by our existing

customers - that simply wouldn't happen if we didn't adhere to our overriding principles.

At the end of the day the old adage that happy customers lead to more happy customers is true and we work hard to make that happen for every

installation we carry out!

So, if you want to make use of your loft space, call Jamie free on **0808 301 9550** and he'll be happy to pop round and give you a no obligation quote so you too can make use of your loft!



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Wine o'clock!

Ever wondered about your wine?

Did you know that there are around 60 species of vine but only one that bears the fruit which when fermented produces wine? From that one species come all the different varieties used in wine production today.

Evidence of Palaeolithic grape pips uncovered at archaeological sites indicates humans were eating grapes as early as 7000BC. Some 3500 years later Egyptians and Phoenicians planted the first vineyards and tended the vines.

At first grapes were grown only for eating so it is likely that the first wine was made accidentally. In the full sun of the Middle East, it would have taken just a few hours for ripe juicy grapes to begin to ferment. Fermentation is the process by which the natural sugars in the fruit, aided by the natural yeast present in the bloom on the grape skins are turned into alcohol. It must have been an incredibly happy accident because before long wine was being made throughout the Mediterranean.

Wine manufacture today bears a lot of similarities to those used in the ancient methods of viticulture (winemaking). In Egypt grapes were collected in wicker baskets, then trodden in huge wooden vats to kickstart the fermentation process. The crushed grapes, juice and skins were poured into loosely corked earthenware jars and left to finish the fermentation process. Finally, the mixture was filtered, flavoured, and poured into sealed amphorae.

In spite of the similarities, we would be horrified now at what passed for wine back then. Wines were preserved using additions such as heavily sweetened date juice, honey, and spices, and even pepper.

By the Middle Ages, the preference was for full-bodied fortified wines (similar to modern sherries and ports). These were stored in wooden casks.

Winemaking then evolved through the centuries. Producers learned that vines

grown on thinner mountain soils seemed to produce superior wines to those grown on the richer plains.

As stated earlier, all European vines originated from the same species, and unfortunately this made them vulnerable to pests and diseases (a similar problem affects banana producers nowadays). When a highly destructive aphid called the *grape phylloxera* reached Europe at the beginning of the 20th century it decimated almost all of the Old-World vines in a few short years.

That might have been the end of commercial wine production, but science came to the rescue. Scientists discovered that American vines were resistant to the aphid, and they managed to develop healthy plants by grafting European varieties on to American rootstock. This helped preserve the European wine industry, but also helped the Americans improve their own industry, because prior to this their native vines had produced inferior wine. All of today's Chardonnay and Cabernet Sauvignon wines are produced from 'rescued' vines!

Manufacturers can now choose from a wide variety of grapes, and modern wine-making techniques have made wines more standardised and reliable. In recent years though, there has been a move back to artisan winemaking by passionate manufacturers who want more individuality, uniqueness or 'terroir'.

So, treat your glass of Chardonnay with extra respect as you raise it in a toast to and say

By Tracey Anderson





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Sudoku

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	6			2	4	5		9
9	5		7		1	4	3	
	1	8		7		6		
		3						
						7		
		6	1			8		7
8					5			
4	2		8	9			6	

How to Play

Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9, **with no repetition!**

That's all there is to it.

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(solution on page 18)

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A Good Read



***The Heart's Invisible Furies* by John Boyne**

Let me start by saying that this is long book, but in the deft hands of Boyne it is neither weighty nor stodgy. It's a book about the life of a fictional man, Cyril Avery,

and it begins before he's even born, with his pregnant mother cast out of her strict catholic family and fleeing from her hometown.

Cyril is adopted but struggles to find his place in a loveless family. He is gay, and illegitimate, born in Ireland at the wrong time. This story weaves his major life events with world events such as the AIDS crisis, 9/11, and the ongoing prejudice towards gay men. We follow Cyril from Dublin to Amsterdam to New York and back to Ireland. Throughout his journey the reader is privy to his inner and outer struggles which serve to heighten the confusion, anger and shame that define his existence. But this is not some handwringing doom saga. Boyne brings a wicked playfulness to Cyril's self-deprecating wit, which commands both affection and empathy.

Throughout the book various new characters appear at intervals, and their stories intersect and intertwine with Cyril's via a series of coincidences which on the surface might appear contrived, but when the reader reflects on the characters in their own life and the coincidences that brought them together, suddenly make sense.

From the opening 'hook' to the closing paragraph you'll be rooting for Cyril, and you'll laugh and cry along the way. In the touching afterword, Boyne admits that although Cyril and his life are fictional there are many of the author's own lived experiences included in the plot. The book is all the richer for it.

***Fiona's Luck* by Teresa Bateman Illustrated by Kelly Murphy**

The leprechaun king is not happy with the Big Folk who have recently arrived in his land. He feels they are soaking up too much luck. So, he exhorts the other leprechauns to gather up all the luck they can find and lock it away in a big oak chest under his control. The Big Folk begin to suffer hardship after hardship until a clever girl named Fiona sets out to pit her wits against him.

This picture book, aimed at ages 2-5, is a charming story with a clever twist. Kelly Murphy's artwork is enchanting, her use of colour and light masterfully evokes the Irish landscape, and magic lurks on every page.

This will quickly become a bedtime favourite.



By Tash Donovan

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This month - 9th-14th August is National Allotments Week



allotments come into their own.

Allotments don't just benefit the humans who tend them. Each plot is a complex web of plants, micro-

During World War II and immediately afterwards, almost everyone with a garden grew fruit and vegetables. Food was rationed so people supplemented their diet with produce they'd grown in their own back garden, or down on their allotment.

During the 1960's allotments began to go out of fashion and continued to decline in popularity. As a society we were more affluent; more likely to buy what produce we needed from the local supermarket, and vegetable gardening just wasn't considered sexy!

But with food prices soaring and less produce available on the supermarket shelves, added to an increased interest in plant-based diets and locally sourced food, allotments are enjoying a popularity surge.

And the statistics in the news are scary. The number of food banks is growing exponentially as families struggle to put even the most basic provisions on the table. There are concerns about additives and pesticides on shop-bought fruit and veg, yet the cost of organic food puts it out of the reach of the most consumers.

Is it any wonder that so many of us are taking matters into our own hands, deciding to emulate our grandparents and grow our own food? But growing food requires space, and modern housing often means tiny gardens. This is where

organisms, fungi, insects, and animals supporting pollination and offering a refuge for wildlife. To celebrate all the lovely bugs and beasts on Britain's allotments, this year's **National Allotments Week** is encouraging gardeners to take part in a mini-beast monitoring survey. Bugs are really important to the healthy functioning of an allotments. They pollinate fruit and veg, control pests, and improve the soil. They are nature's vital helpers. To take part in the survey visit the website listed below.

To acquire an allotment, simply approach your council. Price and availability varies around the country and in some areas there are waiting lists. But councils across the country are taking allotments and community gardens much more seriously now, and many are actively seeking to provide new sites. If an available plot is too large for your personal needs you may be able to rent half or find a like-minded friend to share it with.

Enquire today and you and your family could soon, quite literally, be reaping the benefits!

Happy gardening!

By Rachael Leverton

Useful Website <http://www.nsalg.org.uk/>

Survey <https://www.nsalg.org.uk/news-events-campaigns/national-allotments->

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Sudoku Solution

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1	6	7	3	2	4	5	8	9
9	5	2	7	8	1	4	3	6
2	1	8	9	7	3	6	5	4
7	4	3	2	5	6	9	1	8
6	9	5	4	1	8	7	2	3
5	3	6	1	4	2	8	9	7
8	7	9	6	3	5	2	4	1
4	2	1	8	9	7	3	6	5



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Pickled Peaches

Sweet and sour and utterly delicious



Preparation time: 40 mins

Cooking time: 2 and a half hours

Makes: 20 pickled peach halves

Ingredients

1.2kg just ripe but still firm peaches
(about 10)

Zest and juice from an unwaxed lemon.

1 litre white wine vinegar

550g granulated sugar

6 peppercorns (pink is nice but black or
green will be fine)

3 thin ginger slices (minus the skin)

4 cloves

1 cinnamon stick

½ tsp yellow mustard seeds

1 x large jar (1.5 litres) or two smaller
ones

Method

Prepare the peaches

Scrub the jar in warm soapy water, rinse it thoroughly, then and put it in a low oven to dry it and keep it warm.

Take each peach and cut a small cross in the skin at the base then plunge it into boiling water for 10 seconds. Remove and pop them straight into a bowl of iced water. This process makes the skins easy to remove.

Cut each peach half, remove the stones, and toss the fruit in lemon juice.

Prepare the pickling liquid

Place all the ingredients (except the peaches) into a large stainless steel or enamel pan. Don't use aluminium pans when pickling because the vinegar reacts with the aluminium.

Heat the ingredients over a low heat, stirring until the sugar dissolves. Increase the heat and bring to the boil, then simmer for 5 minutes. Lower the heat again, add the peaches and simmer gently for 5 to 10 minutes. The fruit should be just soft when pierced with a sharp knife.

Use a slotted spoon to gently lower the peaches into the warm jar, then simmer the pickling liquid a little longer until it becomes syrupy. Pour it over the peaches to cover and seal the jar. I like to leave the spices in the jar, but you can strain the liquid if you prefer.

These peaches are ready to eat after a few hours but if you can leave them for six weeks they are sublime. They go really well with cheese or ham and bread for a simple summer supper. Keep refrigerated once opened, but like ice cream the flavour is best if you allow them to come to room temperature before serving.



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