

The **WORD** Magazine

May
2022

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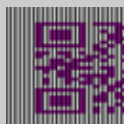
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Warfield Environment Group

Recent Updates

Work on our 3 **verges** off Harvest Ride is complete, including light oversowing with a native wildflower seed mix suitable for clay soils. We may not see too much this year apart from those wildflowers which are already present, but hope to see an improved display in years to come, for the benefit of insects and humans alike. Thank you to everyone who helped.



We picked up 15½ sacks of rubbish, 5 of recyclables and ½ crate of glass over our **Great British Spring Clean** weekend. Again, thank you to everyone who helped.

Year of the Green Corridors 2022

WEG is a member of the Bracknell Forest Nature Partnership which is running a series of events and projects to highlight the value of green corridors for wildlife and people. Green corridors are hedgerows, streams, rivers, lines of trees and green spaces that provide safe passage for wildlife, but also support our own mental and physical wellbeing. To find out more, including details of events and activities (wildlife surveys, walks and talks, conservation volunteering) from partner organisations, visit bracknell-forest.gov.uk/yogc or scan here →



warfieldenvgroup.wordpress.com
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Come and meet us at Warfield Village Fete on Saturday 11 June



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Welcome to the May update from Warfield Parish Council



The Queen's Platinum Jubilee 2022

The Queen's Platinum Jubilee will be celebrated over the extended weekend of 2-5 June 2022.

Warfield Parish Council will be marking the event by lighting a beacon on the evening of Thursday 2 June. The beacon lighting will take place on Cabbage Hill at 9.45pm and will be part of the national beacon lighting across the UK and Commonwealth.

There will be more details in the Digital Wren. To sign up visit our website www.warfieldparishcouncil.gov.uk

Warfield & Winkfield Family Cycle Ride

The annual Warfield & Winkfield Family Cycle Ride returns this year and takes place on Sunday 22 May 2022.

The ride begins at The Carnation Hall, Winkfield at 9.30am. To register please visit the Winkfield Parish Council website

www.winkfieldparishcouncil.gov.uk/cycle-ride-event/



Dates for your diary

Warfield Village Fete – Saturday 11 June – Warfield Memorial Ground

Warfield Produce Show – Saturday 16 July – Brownlow Memorial Hall

Warfield Summer of Fun – Wednesday 27 July – Warfield Memorial Ground

Binfield, Warfield & Winkfield Arts Week – 23-30 October – various locations

More information on these events can be found in future editions of the Word.

To contact the parish council or your parish councillor, please call 01344 457777 or visit the parish office by Tesco Warfield. Our office hours are Monday-Friday 9.30am-12noon. You can also send us an e-mail to: info@warfieldparishcouncil.gov.uk

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Car Booty

A very British treasure hunt



Late spring is the time when car boot sales pop up all over the country. There is something very British about wandering through a field full of cars, poking around in cardboard boxes of other people's belongings hunting for treasure. We probably all harbour a secret fantasy of appearing on *The Antiques Roadshow* and saying brightly "I bought it at a car boot sale for 10p," just before the expert responds, "Well it's actually a 17th century masterpiece, very rare and if it came to auction it would sell for thousands." Ok that's unlikely to happen but you might be able to refurnish your home and replenish your wardrobe for just a few pounds, and if you want to make a few pounds from your own decluttering and don't mind an early start, holding a car boot sale can be quite lucrative.

If you're buying the best deals are usually found at the beginning and end of the sale. The best quality items are usually found at the start, while the best prices are found as proceedings are wrapping up. It helps to know broadly what items you intend to buy before arriving because it's easy to get carried away. Haggling is expected, but don't insult sellers by offering too little: Items are very low-priced to begin with.

If you are going to sell at a car boot sale you need to be prepared. Decide whether

you want to clear your clutter or make money: you can't always do both. Remember no matter how cheaply you price your goods, people will haggle. You could have a 'Rembrandt' on sale for a pound and someone would offer you fifty pence. Price labels are useful. Block price some items such as "all books fifty pence, three for a pound". Clearly mark anything not included in the block pricing system. Take lots of change with you, plenty of carrier bags and some old newspapers

with which to wrap fragile items. Going in with a friend is a good idea, both for the company and also to help out when either of you need to nip to the loo, or want to browse other stalls.

Make sure you pack your table in the car last, so it's the first item to come out and not buried under everything else. Be warned; on arrival at the sale ground you may be mobbed by a canny crowd of experienced 'booters' hunting for bargains. These folk tend to be dealers and they can be intimidating. They are after cheap buys to resell. Consider waiting in your car for a while to give them time to disappear before you unpack.

Busy stalls attract more people so pile it high and sell it cheap. Welcome everyone who approaches your table with a warm smile and a cheery greeting. As the end of the day approaches, cut your prices if you don't want to take everything home again.

Whether selling or buying, with the current economic climate, and energy prices soaring, this could be a bumper year for car boot sales.

People are much more clued up about collectables and antiques now, so it's harder to find 'real treasure'. But you never know, there's always a chance we may see you on *The Antiques Roadshow*!

By Tracey Anderson

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Sudoku

						2	3	
	7	2				6		5
				8				
					1			7
4		5			9			
			3	6				
		4			2	3		
9		3	6	1				
		6		9				2

How to Play

Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9, **with no repetition!**

That's all there is to it.

You solve the puzzle with reasoning and logic - there's no maths involved and no adding up.

It's fun. It's challenging. It's addictive!

(solution on page 18)

A. ROONEY

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How to live with less

If you can't lay your hands on items quickly because they're buried under piles of junk; if you're constantly moving things from one pile to a new 'temporary' pile; if you find yourself thinking, "I can't throw this away, it might come in useful one day," you're probably a clutter victim.

Californian blogger Dave Bruno set himself the year-long experimental task of reducing his belongings to 100 items. Once his self-imposed year was up he opted to keep his new rules, citing a desire to fight American style consumerism and live a life of simplicity. Since then, minimalism has been trending continually, especially coming off the back of lockdown when we were all driven to distraction by the volume of our belongings. *Minimalism: A Documentary About the Important Things* became one of the most popular documentaries on Netflix. Joshua Fields Millburn & Ryan Nicodemus, who produced it call themselves The Minimalists and host a popular weekly podcast dedicated to helping us simplify our lives.

I'm not suggesting we sell all our belongings and live in the life of an ascetic but most of us put far too much time, effort, and money into acquiring, keeping, and storing possessions. Sometimes it's good to let go.

If you're ready to de-clutter, then we have a few simple tips. If you feel you need more professional help, there are experts in de-cluttering who will guide you through the process of letting go.

De-cluttering Tips

Deal with one room at a time The task will seem less daunting. Stick with that



room until it's finished.

Choose a nice day

Take the room contents outside. Psychologically it's easier to sort and let go if you're one step removed. It's also less likely that the clutter will make it back inside.

Sort everything into

three piles Label them dump, donate, and keep. Be realistic: if the item in question hasn't been used for over a year it is unlikely you will ever use it.

Deal with the dump and donate piles Do this *before* anything comes back into the house. It's much harder to mess up your good work if the stuff is physically gone.

Sort and label Place the remaining items in clearly labelled boxes. Make sure there is one temporary box to house items which really belong in another room. As each room is sorted those items can be replaced, and other misplaced items can be housed there while the de-cluttering process continues.

Replace everything that remains The maxim 'A place for everything and everything in its place' is a good one. House small items in clear plastic boxes and store them in cupboards or wardrobes.

Now you're done instigate a *one thing in: one thing out* rule. It will make you think twice about acquiring something if you know something else has to go.

Finally, once a week, take two bags and go through your home. One bag is for rubbish, the other for items in the wrong place. When you've finished throw the rubbish away and replace the misplaced items.

Follow these small steps and you too can de-clutter your life.

By Kate McCarthy

Garden View

This month - Perfect Partners



When we think about climbing plants, we most often think about growing them to cover a wall or a fence. We might think about growing them over a dead tree stump too, but one of the nicest ways to grow them is through a living tree or a shrub. It's an excellent way of providing more interest in the same space, either by timing each plant's display so they follow on from each other, or by timing the flowering so they bloom at the same time, thus doubling the impact of the display.

There are a few rules you need to follow when you plant a climber with the intention of growing it up a living host. First, the host shrub or tree should be established, woody, and strong enough to hold up the climber's weight when it's fully grown and flowering. Second you don't want to use too vigorous a climber, otherwise it might swamp the host. Finally, avoid fast-growing evergreen climbers because they prevent light getting to the host, and may cause it to develop disease and die. You can certainly use less aggressive evergreens such as the ivy *Hedera 'pedata'* or *Hedera 'Curlylocks'* around the base of well-established trees. These will look beautiful without overwhelming the

structure and flowering of the host plant.

Climbers that look good over trees and shrubs are typically, clematis, honeysuckle, and roses. Look for species that grow to 3m or less as these are ideal for growing up most garden trees. Species that are cut back to 15-20cm every winter are also ideal. Clematis '*Abundance*', '*Etoile Violette*' and '*Little Nell*' are all good choices.

Honeysuckle can often be seen (and smelled) growing through trees in the wild. For your garden look for cultivars of the common honeysuckle, such as *Lonicera periclymenum*.

Rambling roses can grow to monstrous proportions, so look for smaller varieties such as '*City of York*' and '*Parade*', which also have a long season of interest.

If you have a cool moist area try growing the perennial nasturtium, *Tropaeolum speciosum*. The jewel-coloured flowers will brighten a darker space.

Tips for successful pairing

- Don't plant the climber too close to the base of the host or they will be competing for the same water and nutrients.
- Counterintuitively plant the climber on the shadier side of the host. That way the climber will be forced to grow towards the light.
- If you plant the climber in a large plastic pot with the bottom cut out, it helps contain the plant and reduces competition.

Happy Gardening,

By Rachael Leverton

Study for Success

Get the results you want with our top tips

It's been a weird couple of years when it comes to studying and exams. The 2022 cohort have had it tough, yet they will still be expected to sit external examinations in this gradual return to the 'new normal'.

It's all a bit of a mish mash of assessments and examinations, and queries over what will be in the papers and whether students will have covered enough. Whatever the variety of opinions of how this year's exams have been handled certain truths about revision hold true, no matter the circumstances.

Preparation is the key to revising effectively. Make sure you know what type of exams you will have – short questions, multiple-choice or essays – and what topics they will cover. Organise your course notes and textbooks so that everything is easy to find. Work out how much time you have for each subject and don't avoid the ones that you find particularly difficult – or easy.

Make a timetable, but don't spend so long making it look beautiful that you're behind before you start! Remember to include your other commitments and try to maintain your normal routine of mealtimes, exercise and so on. Think about the time of day that you work best – some people are night owls while others get more done in the early morning. Plan a ten-minute break in every hour and don't work for more than three hours at a time.

Now divide the topics you need to learn into manageable chunks. To help memorise information, make notes and



put as much as you can into your own words. Summarise key points and write them on index cards or sticky notes that you can put around the house. You may find that making a spider diagram or mind map is helpful.

Try inventing your own mnemonics, such as

Never Eat Shredded Wheat for the points of the compass. You can also visualise a scene that includes details you need to remember – a battlefield or mountain habitat, for example.

Make the most of revision classes offered by your school or college. You could also revise with a friend – practice explaining difficult concepts and ask each other challenging questions.

Get hold of as many old exam papers and example questions as you can. Familiarise yourself with the way questions are worded and make sure you understand exactly what they are asking you to do. Prepare draft answers to questions that come up frequently. When the exam gets close, complete a paper within the time limit to get an idea of how quickly you need to work.

To keep motivated, reward yourself with a weekly treat such as a trip to the cinema or a favourite meal. But if it's not going so well, don't give up! Adjust your timetable and focus on the areas you find most difficult, or common questions. Keep thinking about what a good grade will bring – a university place or that dream job.

The night before the exam, have a quick look through your notes, but don't cram. Get an early night so you wake up refreshed and ready to go. Good luck!

By Phoebe Carter

The Platinum Jubilee

It's a mug's game!

Unless you've been living as a hermit it can't have escaped your notice that a significant event takes place this month. That's right...we all have an extra day's holiday to look forward to. Oh, and Her Majesty celebrates her Platinum Jubilee

Jubilees have always been significant events in the history of our country. Even as I type the shop shelves are groaning under the weight of commemorative mugs, and TV adverts exhort us to send off for decorative coins. I'd always assumed that Royal souvenirs were a relatively modern invention, but in fact they have been a popular way of marking royal jubilees and weddings for the last three centuries.

The earliest known English commemorative items date from the Restoration of Charles II, in 1660. They must have been a hit because more followed for his Coronation in 1661 and wedding in 1662! At first such items were purchased only by the wealthy, but as new manufacturing methods developed the ordinary general public was able to buy a little piece of Royal history too. What they bought hasn't changed a great deal over the years: the most popular items are and have always been coins, stamps and ceramics, especially mugs. Oh us Brits do love a Royal mug. Maybe it's related to our love of tea!

Special issue coins were first used to mark the Golden Jubilee of Queen Victoria in 1887. The majority of jubilee coins are issued in 'crown' size. This has nothing to do with a royal crown but is in fact the size of an old crown coin, which was equal in value to 5 shillings. The reason for this is that the large size of the coin allows

for more detail. These special coins are not intended for general use and are almost always collected in uncirculated mint condition.

The first stamps associated with a Royal event were those issued in 1887, the year of Queen Victoria's Golden Jubilee. Interestingly they were not intended as commemorative issues and were never released as a set. Specific Jubilee sets of stamps were first issued in 1935 for George V's Jubilee.

Ceramics have always been popular Royal souvenirs. Commemorative jugs, vases, mugs, and plates survive in significant numbers from the reign of George III onwards.

But it seems the imaginations of the souvenir producers know no limits. Everything from wallpaper to underwear has been given some sort of a Royal twist in times past.

Because most souvenirs are now mass produced they have little commercial value long term, but they're fun and colourful, and a nice little piece of history. I still have the Silver Jubilee coin I was given at primary school.



By Sarah Davey

Useful Numbers

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Emergency 999

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Sudoku Solution

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5	3	1	2	8	6	4	7	9
3	6	8	5	4	1	9	2	7
4	1	5	7	2	9	8	6	3
2	9	7	3	6	8	5	4	1
1	5	4	8	7	2	3	9	6
9	2	3	6	1	5	7	8	4
7	8	6	4	9	3	1	5	2

Carrot, Feta and Sweet Potato Fritters

A tasty vegetarian snack or light supper



Serves 4

Preparation Time 30 minutes, plus draining time

Ingredients

800g carrots
2 large potatoes
1 large onion
600g sweet potatoes
5 medium free-range eggs
200g feta, crumbled
6 tbsp wholemeal flour
25g fresh coriander, chopped
2 tbsp cumin seeds
300ml vegetable oil
Green salad, lime wedges and yogurt to serve

Method

Peel and grate the carrots, potatoes, onion, and sweet potatoes. Place them

into a colander or a large sieve over the sink with a big pinch of salt, and leave to drain for 30 minutes.

Take a large bowl and in it combine the eggs, feta cheese, flour, coriander, and cumin seeds. Beat with a fork until well mixed.

Squeeze as much liquid from the grated veg as you can, pressing down hard into the colander or sieve for 1-2 minutes, then add the grated veg to the egg mixture. Stir to combine well and season generously. Heat the oven to 150C/ fan130C/gas 2.

Heat the oil in a wok or deep saucepan to 180°C, or until a cube of bread sizzles. Put dollops of the mix into a slotted spoon and lower into the hot oil. Cook 2-3 at a time: fry for 1-2 minutes, then turn the fritters over and repeat until golden. Put on a plate and keep warm in an oven set to low.

A Good Read



***The Last Thing He Told Me* by Laura Dave**

Before Owen Michaels disappears, he manages to smuggle a note to

Hannah, his wife of one year: Protect her.

Hannah while understandably scared and confused knows exactly who the note refers to. It's Owen's sixteen-year-old daughter Bailey, who lost her mother when she was very young and wants absolutely nothing to do with her new stepmother. As the FBI arrest Owen's boss and US Marshals arrive her home, Hannah realizes her husband may not be who he said he was.

If you love a mystery but crave a reprieve from the usual bloody murder and maverick detective scenario, Laura Dave's novel about a man living a lie and his wife and daughter desperately trying to find out who he really is, might be the perfect solution.

The mystery of Owen's past is certainly intriguing, but the strength of this book really lies in the characters. This is not a book about Hannah's relationship with Owen, but about her evolving relationship with Bailey. The mother and stepdaughter are forced to set out to discover what it is Owen was hiding, and quickly realise that it goes way beyond the financial fraud his company is accused of. As the tension builds, they don't know who to believe or who they can trust, so they're forced to depend on each other. In the end, the story deals with what it means to be a mother, protecting a child, and the child coming to terms with her world being turned upside down for the second time in her young life. Anyone who has taken on the role of stepmother will probably identify with Hannah and Bailey's relationship on many levels.

By Tash Donovan

This isn't a fast-paced novel, but it moves along nicely. It's told in the present using flashbacks to Hannah's marriage to Owen. Hannah is a strong character, resilient and compassionate with authentic emotions. She's also immensely practical and is not afraid to take matters into her own hands. There are numerous twists and turns, that take them from their home in California to Austin Texas, and the truth when it comes is shockingly unexpected.

***The Suitcase Kid* by Jacqueline Wilson with Nick Sharratt (Illustrations)**

Ten-year-old Andrea, known as Andy, is an only child who has always lived at Mulberry Cottage with her mum and dad.

But when they split up, Andy has to say goodbye to her childhood home. She's pushed from pillar to post by her mum and dad as they struggle to work out a suitable visitation arrangement. She spends one week at her mum's and one week at her dad's. Suddenly she's coping with the divorce, two new homes, and two new mismatched families with stepbrothers and stepsisters, not all of whom are nice! She now has five siblings and nowhere to call home. No wonder Andy struggles to feel part of either family and craves her old home and life.

Jacqueline Wilson is a consummate storyteller, with a real understanding of a child's inner world. She tells the story poignantly, using Andy as the narrator, confiding her inner most thoughts and fears to the reader in language they can relate to. Can Andy overcome her feelings of not belonging, find new friends, family allies and a sense of belonging?





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